

(TMI Newsletter – August 2014)

## **ENERGY HEALING AT TMI**

*by Nancy "Scooter" McMoneagle*

From the Director's Chair (or the "Hot Seat," as some refer to it!)

Hello, Everyone!

Those of you who knew Bob Monroe or who have been around TMI for a while will recall that Bob was extremely cautious about how he described TMI's work in consciousness exploration. Any terms that could be construed as religious, "New Age," or possibly interpreted as making vague, non-provable claims were verboten—such as "spiritual," "God," or "healing."

Despite the numinous, exceptional human experiences people often had and continue to have in TMI's programs, Bob preferred to use scientific versus mystical terminology whenever possible, both in our consciousness research and in TMI's courses.

In March of 1995, the week before he died, while addressing a Lifeline program group, Bob asked if there were any healers in the room. Internationally-known energy healer and teacher Barbara Brennan, a participant in the program, agreed to do a healing session with him. As the group watched, a massage table was brought in, the lights were dimmed, and Barbara began working on Bob. Longtime TMI Trainer Franceen King recounts what took place:

*With the very first move, she reached for his throat and pulled out a long shaft of energy. Her work with Bob was like a light show. You could see her pulling things out and moving energy. At one point Barbara told him she would sing to his liver, bent over and began toning. While she was working, many of us were aware of Nancy's presence. She came into the room. You could hear a pin drop. Many people were able to see the energy moving. It was very powerful.*

Months later, after Bob's passing, Barbara revealed that she had felt that he, on some deep level, agreed to pass on soon, so her healing was more of a rendering of comfort and the highest functioning possible for his last months of life.

An important point here is that Bob, who felt healing was just too non-scientific to include in The Monroe Institute's curriculum, was open to a personal, public healing performed by one of the most famous energy healers in the field. With that event and the subsequent openness to consciousness exploration that has occurred in the world

since Bob's passing, and with a respectful bow to Bob, this newsletter is dedicated to the topic of energy healing.

So ... if Bob had stayed with us another ten or thirty years, who is to say how his views and vocabulary might have evolved or how he would have felt about energy healing and its place at the Institute? What we do know is that we are proud to be offering powerful training programs that provide effective methods and tools for accessing, expanding, and using healing energy in our lives!